

Temporary Disability Retired List

The Temporary Disability Retired List (TDRL) is a list of service members found to be unfit for military duty by reason of disability whose conditions have not stabilized sufficiently to permit the assessment of a permanent disability rating. The law provides for a maximum tenure of five years if placed on the TDRL prior to January 1, 2017 and a maximum of three years if placed on the TDRL after January 1, 2017; there is no entitlement to be retained for the entire period. The service member may be removed from the TDRL as quickly as 18 months, if a periodic examination discloses that the medical condition has stabilized for rating purposes.

The TDRL applies to service members with a combined 30 percent or greater Department of Defense (DoD) rating after completion of the Disability Evaluation System (DES).

TDRL Checklist:

Take these steps after being medically retired and placed on the TDRL as a result of the Physical Evaluation Board's determination for a smooth transition to retirement pay and medical care.

1. Enroll in TRICARE

- Enroll no later than 15 days before EAS, but no earlier than 30 days.
- Update DEERS prior to re-enrolling in TRICARE Prime

2. Complete the Survivor Benefits Plan (SBP) DD Form 2656 prior to separation.

- All retiring services members **MUST** make an SBP enrollment election. It must be forwarded to Defense Finance and Accounting Service (DFAS) at least 30 days prior to the retirement date. For more information, check out the SBP fact sheet on the Wounded Warrior Regiment (WWR) website (www.woundedwarrior.marines.mil/wwrfactsheetlibrary).
- Note: Failure to complete this form and forward to DFAS within 30 days from retirement will result in full premiums being deducted from retirement pay and will delay the processing of retirement pay.

3. Transfer life insurance policy

- Service members who want life insurance and want to avoid the high premiums in the civilian sector may transfer Servicemember Group Life Insurance (SGLI) to Veteran Group Life Insurance (VGLI). If done within 240 days of the retirement date, no additional medical documentation or an additional medical exam is required.
- Please check out our fact sheet on SGLI/VGLI on the WWR website or visit the VGLI website for additional information at <http://www.benefits.va.gov/insurance/vgli.asp>

4. Contact the local VA healthcare system

- Enroll in the Healthcare Benefits and ask about eligibility for additional entitlements related to Veterans Affairs (VA) disability ratings.
- Call the VA Healthcare Line at 800.827.1000; to access the VA facility locator go to www2.va.gov/directory/guide/home.asp?isflash=1_ and then enter your zip code.

Related Fact Sheets

- Combat Related Special Compensation
- Retirement Checklist
- Survivor Benefit Plan
- TRICARE

Wounded Warrior Call Center 24/7—1.877.487.6299

Stay Connected—www.woundedwarrior.marines.mil



Temporary Disability Retirement List (TDRL)

TDRL Frequently Asked Questions:

Q Once I am on TDRL, do I need to have follow-up evaluations?

A Yes, you are required to attend periodic physical examination(s) (PPE) conducted at a military treatment facility (MTF). A Marine on the TDRL must undergo a PPE at least once every 18 months to determine whether there has been a change in the physical disability for which the Marine was temporarily retired.

Q Who will help me when I report to the MTF for an examination?

A You will be assigned a TDRL coordinator by Headquarters, U.S. Marine Corps (HQMC), MMSR-4 who will provide counseling and assistance to you in scheduling your appointments and providing your orders to report to an MTF.

Q What if I do not receive my monthly retired paycheck or have other pay issues?

A DFAS is responsible for your retired pay. Contact them at 1.800.321.1080.

Q What if I elect to receive disability compensation or other benefits from the VA; where can I obtain information or assistance concerning my VA compensation and benefits?

A You are still required by law to undergo PPEs as ordered by HQMC. This requirement exists even if you waive DoD retired pay in favor of VA compensation or are receiving treatment at a VA Hospital. Examinations administered by the VA to determine the amount of compensation you are eligible to receive from that agency cannot take the place of PPEs required by MMSR-4. For more information, call 1.800.827.1000 or go to www.ebenefits.va.gov.

Q Who can I contact if I have questions about my physical examinations or other matters pertaining to my status on the TDRL?

A In addition to the TDRL coordinator at the hospital, you may contact:

Marine Corps' Disability Section (MMSR-4) at: 703-784-9308 / 9309 / 9321

Q What are my responsibilities on the TDRL?

A You must keep HQMC updated with your current contact information in order to prevent your administrative removal from the TDRL and termination of benefits.

Q Can my percentage of disability change while I am on the TDRL?

A Your percentage of disability will remain the same as long as you are on the TDRL. Changes in the severity of your disability will not affect your retired pay while you are on the TDRL. When your condition has stabilized, a final determination will be made regarding your claim.

Q Will I be paid for my personal expenses incurred while traveling to the MTF for my PPE?

A Yes, you will be reimbursed in accordance with the Joint Federal Travel Regulation (JFTR).

Q Am I entitled to a DoD Identification card while on the TDRL?

A Yes, your spouse and dependent children are also entitled to an ID card. You can apply for this card at the nearest military ID card office. You should bring a copy of your DD Form 214 with you when you apply for an ID card.